

**Conference with
Dr. Perla Kaliman,**
*Founder of Generation
Alpha Minds,*
presenting her pioneering
mental health-promoting
programs in war-affected
Ukraine, violence- and
natural disaster-
impacted El Salvador and
Argentina, and French
foster care facilities

*Methods involve storytelling,
dialogue, artistic expression, and
mindfulness-based playful
activities.*

presented by



**WEGA is a Luxembourg-based
nonprofit connecting NGOs, the
private sector, and academia to
drive innovative sustainable
development solutions, with a
focus on Ukraine, India,
Philippines and other developing
countries.**

FREE (Registration Required)
contact@wega.lu



Dr. Perla Kaliman is a globally
recognized scientist and changemaker
leading Generation Alpha Minds to
support the mental health of children in
vulnerable communities. With a PhD in
Biochemistry and prestigious research
experience across Europe and the U.S.,
she now serves as an honorary fellow at
the Center for Healthy Minds and an
Associate Professor at the Universitat
Oberta de Catalunya. A pioneer in
studying how meditation shapes the
body and brain, she is also a widely
published author and speaker.

Session Details:

08 Dec. 2025

6:00 PM - Welcome
6:30 PM - Conference
8:00 PM - Drinks

The City by Ginkgo

14-16 avenue Pasteur
L-2310 Luxembourg

Tram stop: Theater

Parking: Glacis/Grand Théâtre

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